

KNIFESTYLES OF THE RICH & FAMOUS

While some of her Spice Girls pals have admitted to Botox or breast augmentation, Melanie “Mel B” Brown has been Silent Spice on the subject. Still, at age 42, she looks a little different than she did in her Scary Spice days, and it’s not just the new hairstyle. “Mel B is a great example of aging gracefully through consistent maintenance,” says Coleen Janeway, founder of Epithereal Skincare, who, like the other experts quoted here, hasn’t worked with Mel. “Her cheeks look good. She’s likely maintaining them with fillers

“Her subtle changes go a long way.”

— Dr. Margarita Lolis

like Restylane Lyft or Juvéderm Voluma.” Subtlety is key, says dermatologist Dr. Margarita Lolis. “The only thing I’d do differently,” she says, “is define her jawbone more to give her extra contouring and a more youthful look.” Cosmetic plastic surgeon Dr. Josef Hadeed, on the other hand, can’t identify a single thing he’d do differently. “She is aging well,” he says, “and her appearance is age-appropriate. In my opinion, she still looks great!” **LS**

2005



Mel B's



NOW

FOREHEAD

“Her forehead appears smoother now, and her brows look more elevated,” says Dr. Lolis, adding that these changes often can be attributed to Botox (up to \$1K per treatment).

EYES

Dr. Hadeed suspects under-eye fillers (\$600-\$1.2K) and upper-eyelid surgery (\$4.2K-\$5.6K). “In the earlier photo,” he says, “she has excess skin in the upper eyelids.”

CHEEKS

“They seem more contoured and more prominent in the upper cheekbone area,” Dr. Lolis says. She believes Juvéderm Voluma, which costs \$800-\$1.5K, could be the reason why.

LIPS

“Her lips are an example,” says Janeway, “of how a little bit goes a long way.” She thinks the former Spice Girl is “keeping them juicy with filler,” at a cost of \$650-\$1.2K.

Spicy Resets