

KNIFESTYLES OF THE RICH & FAMOUS



FOREHEAD

"Her eyebrows are slightly elevated — a telltale sign of Botox," says facial plastic surgeon Dr. Payman Simoni. The injections cost up to \$1,200 and need to be repeated every three to five months.

CHEEKS

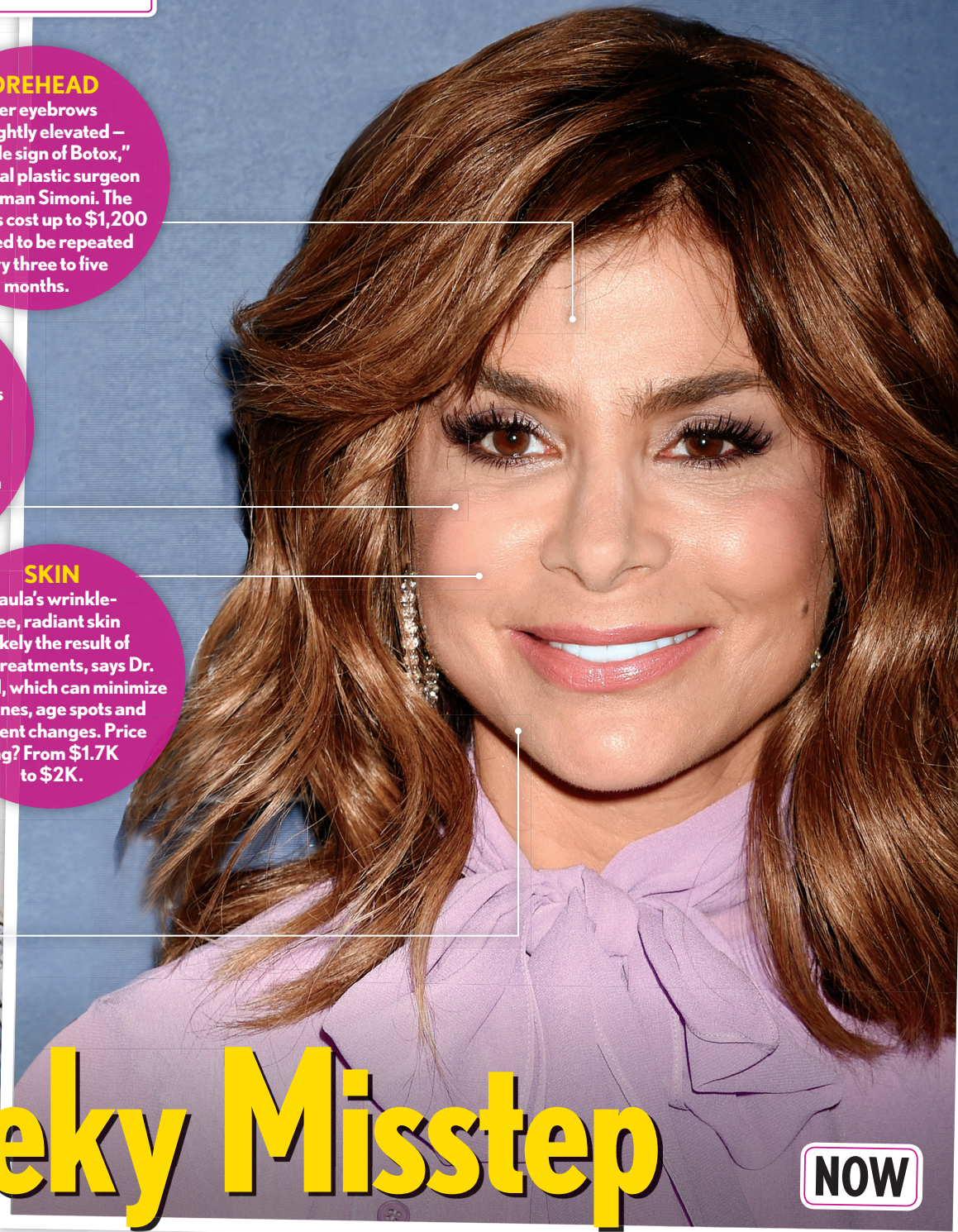
Beverly Hills-based plastic surgeon Dr. Josef Hadeed believes Paula may have had improperly placed fillers (\$3K) or cheek implants (\$3.5K to \$4.5K), which make her look older than her years.

SKIN

Paula's wrinkle-free, radiant skin is likely the result of laser treatments, says Dr. Hadeed, which can minimize fine lines, age spots and pigment changes. Price tag? From \$1.7K to \$2K.

JAWLINE

At 53, Paula's jaw still looks as chiseled as it did nine years ago — possibly from Ultherapy treatments, shares Beverly Hills' Dr. Simoni. The tightening treatment runs about \$3,000.



Paula's Cheeky Misstep

There's no dancing around it. When former *American Idol* judge Paula Abdul recently reunited with Simon Cowell and Randy Jackson for the show's grand finale, the "It's All About Feeling Good" singer, 53, seemed to be defying the aging process with a few

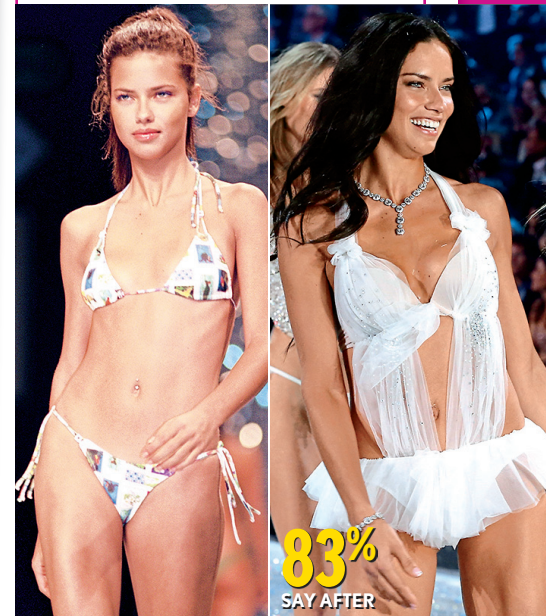
facial tweaks, most noticeably to her cheeks. "They appear more pronounced now than when she was younger," observes Beverly Hills plastic surgeon Dr. Josef Hadeed, who has not treated the choreographer turned *So You Think You Can Dance* panelist. The culprit?

Dr. Hadeed says one possibility could be implants, which are inserted through a small incision in the mouth, then slipped into position on the cheekbone. "An incorrect placement of cheek fillers could also have created that unnatural look," notes facial plastic surgeon

Dr. Payman Simoni of Beverly Hills, who likewise does not call Paula a patient. "It actually makes her look older." Other work the '80s pop icon has seemingly had is more subtle — but effective. Dr. Simoni believes Botox injections are smoothing her forehead, crow's-feet and

bunny lines (wrinkles beside the nose). Paula's complexion, too, is straight-up youthful, thanks to possible "chemical peels to rejuvenate her skin and laser treatments for pigment changes and fine wrinkles," adds Dr. Hadeed. Everlasting beauty don't come easy! **LS**

The Man's View



BEFORE OR AFTER APPARENT BOOB JOB?

Adriana Lima

Since 2000 (left), the model has been strutting the catwalk for Victoria's Secret. But the once-flat-chested Brazilian beauty has a lot more va-va-voom these days thanks to an apparent breast augmentation. While the 34-year-old Angel has not confirmed she went under the knife, her fuller, rounder bust isn't likely the result of an amazing push-up bra. So what do guys make of the enhancement? The ones we polled deemed it heavenly!



MIRACLE IN A JAR

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